# Digital Literacy:

# Understanding how users verify online information

# Observation report

HCI 445 – User Research Methods
Prof. Oliver Alonzo
March 18th, 2025

A report by:

Chad King | Dhwani Parekh | Paul Vasholz | Rashi Dhoju

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# **Executive Summary**

Knowing what information is accurate is difficult. We wanted to explore peoples' information seeking process, so we can design a better tool to help them verify the reliability of digital information. We observed eight peoples' behavior when fact-checking an online news article and interviewed eight different people about their general fact-checking approaches and feelings about misinformation.

We identified four key themes to explore from our observations and interviews:

- Understanding Misinformation: Users verify information based on personal relevance and source credibility. While some trust scientific studies and papers, others rely on social media.
- **Emotions:** Fact-checking is seen as frustrating and time-consuming, though some view it as empowering. Some people feel responsible for verifying critical information, while others prefer to ignore misinformation that doesn't seem to concern them.
- Tools and Strategies: Verification methods differ for individuals, ranging from structured fact-checking using peer-reviewed sources, to quick searches through Google or AI chatbots. Trust in sources influences approach.
- **Mitigating Misinformation:** Participants favored AI-driven solutions, credibility scores, and content moderation to mitigate the problem of misinformation. Some felt information verification is a personal responsibility.

People have a hard time verifying online information because of time constraints, conflicting sources, and trust inconsistencies. A well-designed, technology-based solution with clear trust signals, step-by-step verification options, and the ability to choose preferred sources should help.

This study is limited by the sample size and the diversity of participants. The observations and interviews were partially based on self-reported practices, which may not always reflect actual behavior in real-world scenarios.

Future studies should expand the participant pool to include a more diverse range of users and investigate how verification habits evolve over time. Further research could also study the effectiveness of different fact-checking tools in helping users access online information more accurately.

# Introduction

Since the digital revolution, spreading misinformation and disinformation has become easy. This influences people in everyday decisions regarding health, finances, politics, environment, and beyond (Suarez-Lledo & Alvarez-Galvez, 2021). False or misleading information polarizes communities, sways elections, and affects the environment adversely (Khan et al., 2024). It leads people to make harmful health choices in irreversible ways (Suarez-Lledo & Alvarez-Galvez, 2021).

Many individuals struggle to verify the credibility of online information (Hussein et al., 2020). They find it hard to distinguish between accurate and misleading information because of overwhelming digital content and the tactics used to spread falsehood (McClure Haughey et al., 2020; Wang et al., 2023). This lack of accessible support in navigating and critically engaging with digital content contributes to the persistence and spread of misinformation (Hussein et al., 2020; Wang et al., 2023).

Existing websites for fact-checking have significant limitations. Two examples are:

#### FactCheck (https://www.factcheck.org):

FactCheck focuses on debunking political misinformation based on public claims, helping users verify political statements. However, its solution is limited to political misinformation and does not extend to other important areas such as health, environment, and finance. Additionally, it typically addresses misinformation after it has already spread, rather than helping users verify claims in real time.

#### PubMed (https://pubmed.ncbi.nlm.nih.gov):

PubMed provides access to peer-reviewed medical and scientific articles, offering evidence-based research for verifying health-related information. PubMed is a valuable resource for scientific validation, but its content can be overwhelming and complex for the public to interpret. It lacks tools to guide users through the verification process of external information, limiting its accessibility as a fact-checking resource.

This project explores how a technology-based solution can assist individuals in verifying and evaluating the credibility of online information. We investigated the process that users adopt and the challenges they encounter when distinguishing reliable content from misinformation. Our research was done in two stages.

In our first stage, we began with scenario-based observations. We used these observations to create an affinity diagram, which helped us to uncover key themes. We then created a sequence diagram, to map user interactions and fact-checking processes.

In our second stage, we interviewed participants about their fact-checking habits. We used the insights gained from those interviews to create a persona spectrum, personas, scenarios, persona journeys, and a priority matrix.

The following sections detail our methods, findings, and the implications for designing a more effective solution.

# Methods

#### PARTICIPANTS - OBSERVATIONS

Participants	Age	Gender	Occupation
1	23	Male	Graduate Student
2	22	Female	Graduate Student
3	30	Male	Health Care
4	42	Male	Health Care
5	37	Female	Consultant
6	65	Female	Retired
7	22	Male	Graduate student
8	34	Male	IT

#### DATA COLLECTION - OBSERVATIONS

We conducted observations with a total of 8 participants with ages from 22 to 46 via Zoom and in-person. After receiving their consent, we recorded the meeting and asked warm-up questions. We then provided them with a scenario where they had to help a friend in verifying the accuracy of an article they just shared. When participants completed the scenario, we asked them follow-up questions. The interview recordings were between 30-45 minutes, which produced on average a half page of notes summarizing results per participant.

#### **DATA ANALYSIS - OBSERVATIONS**

We created an affinity map to analyze our observations. We wrote key insights from each of our participant's AEIOU observations on sticky notes. We then grouped these sticky notes together in relevant categories to identify commonalities among participants' fact-checking approaches. This helped us understand participants' behavior and offered a deeper understanding

of how they verify information. We gained valuable insights into strategies and challenges participants face when they fact-check.

From our observations we created four main themes, which can be viewed in more detail in the Appendix:

- 1. Strategies and Tools: Tools and strategies that participants use to fact-check.
- 2. Actions and Approaches: The processes participants follow when verifying information.
- 3. Challenges: The difficulties participants face during fact-checking.
- 4. **Perception of Trust:** How participants determine the credibility and reliability of sources.

#### PARTIPICANTS - INTERVIEWS

Participants	Age	Gender	Occupation
1	34	Male	Data Scientist
2	24	Male	Graduate Student
3	22	Female	Undergrad Student
4	53	Male	Graduate Student
5	22	Female	Graduate Student
6	27	Male	Graduate Student
7	24	Female	Graduate Student
8	26	Female	Graduate Student

#### DATA COLLECTION - INTERVIEWS

We conducted interviews with a total of 8 participants with ages ranging from 22 to 53 via Zoom and in-person. We made use of the DePaul University research participant pool and connections within our communities. After receiving their consent, we recorded the meeting and asked warm-up questions. We then asked them a series of questions about their thoughts on fact-checking and misinformation. We concluded by asking them what they would like to see in an online based fact checking tool. The interview recordings were between 25-45 minutes.

#### DATA ANALYSIS - INTERVIEWS

We went over our results and created a code book to better classify our results. Once we had coded our interviews, we met again to group our codes into four themes. We found that these themes aligned more closely with our findings than those derived from our initial observations.

To visualize our findings, we created an affinity map (see appendix) along with a persona spectrum.

Using the persona spectrums, we were able to create two personas, who we named Samuel and Carina. We created scenarios and then journey maps for these personas, to reflect different paths they might take while using a fact-checking tool. Finally, we created a priority matrix with design concepts inspired by our observations and interviews.

# **Findings**

We organized the findings from our observations and interviews into four common themes:

- 1. Understanding Misinformation
- 2. Emotions
- 3. Tools and Strategies
- 4. Mitigating Information

#### UNDERSTANDING MISINFORMATION

In our observations, participants exhibited varied levels of trust in online content. One of the participants trusted information readily unless it seemed "crazy", while the other did not trust anything unless verified in detail. A few participants only trusted information from sources they had previously deemed reliable, such as the NIH.

In the interviews, our participants described misinformation as sources that were either misrepresented or false. Participants mentioned that they determine the relevance of new information based on whether it affects them or their loved ones directly, or if they find it interesting. They put effort into fact-checking only if it directly impacts their work or personal life, the content is shocking, or if it is thought provoking. If it is celebrity gossip, all participants tend to not bother with fact-checking.

All of our participants mentioned that they encounter misinformation most frequently on social media platforms such as Twitter, Instagram, WhatsApp, LinkedIn, and YouTube shorts. One of our participants mentioned encountering misinformation via news sources.

#### **Quotes:**

Leo admitted, "When it affects me in some or the other way."

Leo stated, "I know that there is a lot of nonsense on social media, but I am not exposed to it because I know that there is, so I don't do that...instead, I go to reliable sources directly."

Ava mentioned, "I trust my local news outlets, such as ABC and CBS, rather than CNN or Fox News because it has less bias."

#### **EMOTIONS**

In our observations, participants mentioned they: "didn't want to read the article," that the article was "dated," and the process was "annoying" because it was slow. A few participants mentioned that the information verification process was time-consuming.

Most participants from our interviews expressed frustration and annoyance when encountering misinformation, while other participants just scrolled past it. One participant didn't like it when others shared information without verifying it. However, some participants took verifying misinformation as a learning opportunity. Fact-checking misinformation makes them feel more in control and knowledgeable. All participants from the interviews mentioned that they dislike fact-checking because it is time consuming.

#### **Quotes:**

Leo mentioned, "I feel amazing...that- oh! Time to exercise my critical thinking muscles again!"

Ben admitted, "I hate it when people just share things without checking if it's true or not."

Ruby stated, "I enjoy fact-checking because I am in control of knowing what is true and what's not true."

Ella mentioned, "It's a long process and sometimes you just can't find the right source and that's really annoying."

#### TOOLS AND STRATEGIES

In our observations, participants demonstrated diverse fact-checking habits, with Google being the primary tool used for verifying information. A few participants relied on AI chatbots, Reddit, and expert sources like the NIH and Mayo Clinic. We observed that some participants had structured fact-checking methods such as verifying authorship and seeking peer-reviewed sources. Others exhibited a more casual approach, like clicking on the first result that looked legitimate. A few participants trusted alternative sources like naturopathic doctors and social media more than traditional scientific institutions.

In our interviews, participants used different strategies to verify information. Commonly used tools include Google, fact-checking websites like FactCheck.org, news sources such as BBC, The New York Times, and The Washington Post. Some relied on scientific research papers, AI tools such as ChatGPT to cross-check information. Participants also mentioned that they evaluate credibility based on author's expertise, official sites, source transparency and known sources that they have been following for a long time.

#### **Quotes:**

Noah admitted, "I ask ChatGPT to verify using the new web-based search, and it combines and validates the link."

Ben stated, "Basically, always go to verified and scientifically backed sources and experts working in their respective fields."

#### MITIGATING MISINFORMATION

From our interviews, many of our participants preferred AI driven solutions to flag or block misinformation. One participant believed that government regulations could play a role in mitigating misinformation. However, other participants believed it's an individual's responsibility to verify information before believing it to be true. Many participants talked about consuming information from credible sources to avoid encountering misinformation.

#### **Quotes:**

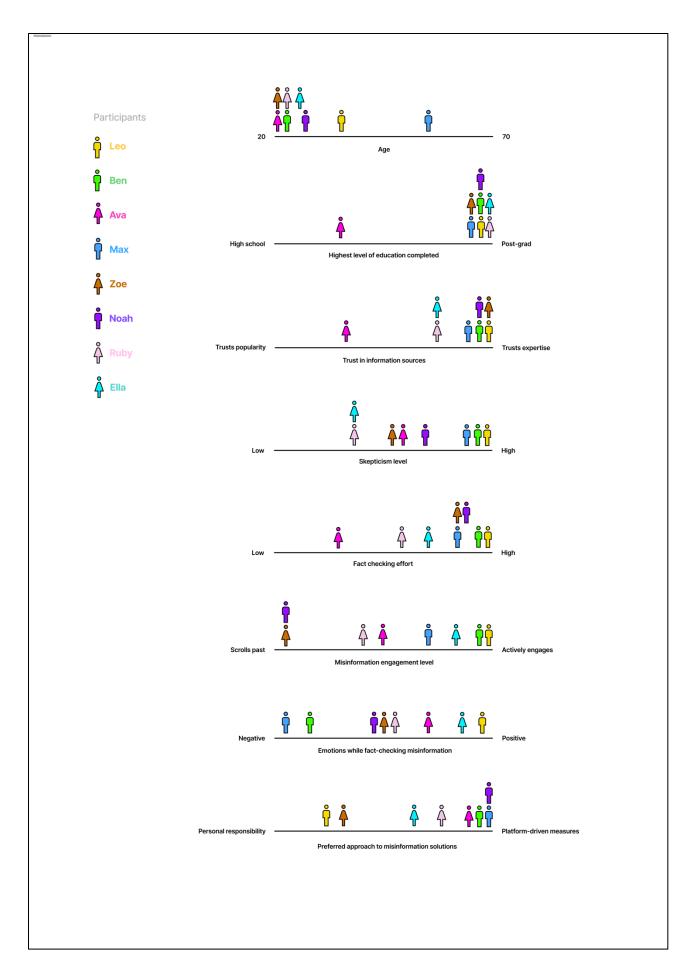
Zoe mentioned, "I unfollow or block those pages that are spreading misinformation.

Ben stated, "I try to follow reliable sources and not get my news from super clickbait-y websites."

Noah explained, "A feature which would not allow someone to post misinformation or attaches community guidelines if it's false."

#### PERSONA SPECTRUMS

We identified eight spectrums that appropriately described our participants. We began by adding the demographic information like age and education. Then, we moved on to qualities that differentiate them with respect to skepticism, fact-checking efforts, misinformation engagement, the emotions that they feel while encountering misinformation, and their preferred approaches to mitigate misinformation.



#### **PERSONAS**

#### Persona 1

# Samuel-Skeptic Sam



Samuel

"I deal in only reality... not subjective reality, only objective one."

Age: 53 Education: Post Graduate Occupation: Student

#### Bio:

Sam is a post-graduate student with a strong analytical mindset. He trusts verified experts and peer-reviewed research for verifying misinformation. He is highly skeptical of online content, always questioning sources before believing them. He puts significant effort into fact-checking, cross-referencing multiple academic and journalistic sources before making conclusions.

Sam actively engages with misinformation, correcting false claims and educating others when necessary. He finds fact-checking enjoyable and sees it as a learning opportunity. He supports platform-driven solutions, believing that tech companies should implement misinformation controls to help mitigate misinformation.

#### Goals:

- Ensure that he only consumes and shares accurate, evidence-based information.
- -Help others recognize misinformation and promote digital literacy.
- -Use research-backed sources to validate claims in his everyday life.

#### **Technology Usage:**

**Devices:** Laptop for academic research, mobile for quick information verification.

Internet Habits: Reads academic journals, follows science communicators, uses Google Scholar, and consults experts.

**News Consumption:** Prefers long-form investigative journalism and peerreviewed research over mainstream media.

Social Media: Avoids social media.

#### Frustrations:

- -Misinformation spreads faster than truth, making it hard to counter
- -Hates when people refuse to accept fact-checked evidence and spread misinformation.
- -Frustrated that finding credible sources takes too much time and effort.
- -Misinformation is emotionally exhausting to deal with regularly.
- -Many people rely on opinions and social trends instead of expert knowledge.

#### Wants & Needs:

- -More transparency in fact-checking processes to get explanations of how claims are verified.
- -Easier access to primary sources like academic papers, peer-reviewed studies and articles, and investigative journalism.
- -Social media companies should take stronger measures against false and clickbait-y content.
- -Simpler tools that help identify misinformation quickly, leading to less mental fatigue.
- -Fewer misleading headlines and scientific papers/ studies linked with every claim/statement online.

#### Persona 2

### Carina- Casual Carina



Carina

"It depends on your algorithm when it comes to consuming media. So if it's something that I see that's not typical, I question whether I should believe it."

Age: 22 Education: Undergraduate Occupation: Student

#### Bio:

Carina is a undergraduate student who enjoys keeping up with trending topics but doesn't put much effort into verifying information. She has average skepticism - she doesn't automatically believe everything she sees, but she also doesn't go out of her way to verify claims. She trusts popularity slightly more over expertise and doubts the information that comes outside the norm from what the social media algorithms show her.

Carina generally scrolls past information without engaging, if it doesn't affect her. She finds verifying information uninteresting unless the claim is something that affects her directly. She feels that fact-checking often turns into an ego-driven competition where people just want to prove they're right. She dislikes fact-checking when it results in proving her wrong, as it can be frustrating to argue for a point and then realizes she was mistaken. She wants platforms to handle misinformation for her, as she doesn't want to put in much effort to verify things by herself.

#### Goals

- Stay informed without spending too much time verifying information.
- -Have platforms manage misinformation, so she doesn't have to think about it.
- -To have a trusted AI to inform her as to the credibility of online information.

#### **Technology Usage:**

Devices: Smartphone for browsing, laptop for assignments.

Internet Habits: Social media and reads news articles.

News Consumption: Follows trending discussions.

Social Media: Strong usage of social media.

#### Frustrations:

- -Doesn't want to deal with misinformation by
- -Verifying information is draining.
- -Frustrated that finding credible sources takes too much time and effort.
- -Fact-checking feels like a competition to prove who was right.
- -Hard to tell what's true when trends dominate.

#### Wants & Needs:

- -Platforms should filter out false content.
- -Community notes or warnings for misinformation, maybe even more government regulation
- -A simple and quick way to verify misinformation without feeling frustrated

#### **SCENARIOS**

### Scenario 1 Skeptic Sam

Sam, a graduate student in Chicago, often finds himself battling misinformation in his family's WhatsApp group. He carefully verifies claims by searching for scientific papers, peer-reviewed journals, and articles written by experts.

Despite his efforts, his relatives frequently dismiss credible evidence, leaving him frustrated. He is annoyed that fact-checking eats into his study time. He wonders if pushing back is even worth it, but he continues because he cares about protecting his family from falling prey to harmful misinformation.

The next morning, Sam sees yet another misleading message: "Drink this tea to cure everything." Debunking it feels exhausting, but his roommate suggests using a fact-checking service. Skeptical but curious, Sam tries it - and is instantly impressed by how quickly he can verify the claim.

The service flags the claim as potentially misleading based on Sam's health misinformation settings. It uses an AI assistant to color-code misleading phrases and missing context, prompting him to dig deeper. The source credibility checker rates the original source poorly, while the fact-checking dashboard links expert studies debunking the claim and includes a bias warning. Sam appreciates the solution for quick fact-checking.

Empowered by how quickly he can verify claims, Sam shares the evidence with his family. Some ignore it, but others thank him. For the first time, fact-checking feels manageable. As he returns to studying, he smiles - knowing he's making a difference.

### Scenario 2 Casual Carina

Carina has been tricked by fads in the past, so she is a little more skeptical of trending stories than she used to be. Recently she has seen some mentions for a new fitness supplement. Several people in her TikTok feed have posted about it. She typically does not see posts about health or fitness supplements, so she is skeptical about it.

However, as a student who is about to finish her degree and is during a job search, she is quite busy. Her increasingly stressful life has made her more concerned about staying fit and healthy. She's interested in finding out if this supplement is good but doesn't have much time to do the research or evaluate the results.

A classmate mentioned a service that will help you evaluate sources, and she decided to give it a try. She liked that the service would color code known misinformation for her, so she can easily avoid those sources. She also appreciated the content rating and date sorter features, which allow her to easily see the most recent and reliable information.

Knowing that initial findings about healthcare products may not always be accurate, she has activated the update feature for this search, to let her know about new and relevant stories related to this supplement.

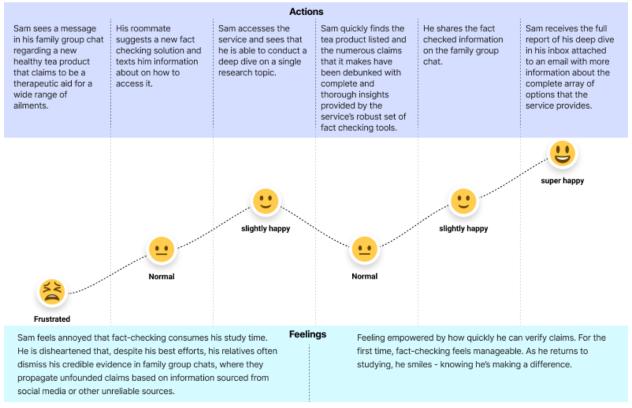
She is happy that she was able to investigate this product with minimal effort and has started posting short tutorials showing how easy it is to use the product on social media.

#### **JOURNEY MAPS**



#### Sam's journey

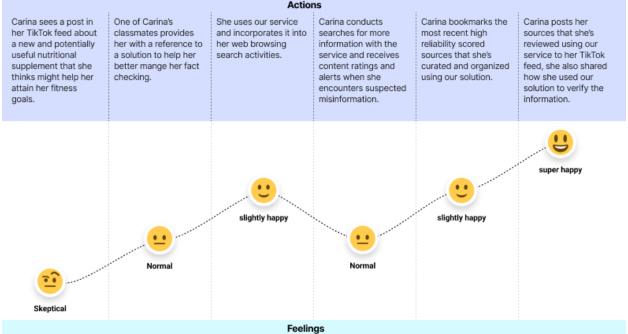
Sam wants to assist his family members in avoiding the waste of time and money, as well as the potentially harmful effects of nutritional supplements that make false or misleading claims.





#### Carina's journey

Carina wants to save time in her search for effective supplements while ensuring that she isn't duped into taking ineffective and potentially harmful nutritional products.



Carina feels frustration as she considers the validity of new information she has received about a new nutritional supplement. Now she has to spend a ton of time sifting through a pile of information online to determine if the claims are true.

She feels encouraged and empowered by the discovery of a new, easy to use tool that will assist her in navigating the complex landscape of online nutritional supplement information, which is too often filled with false claims and misinformation.

# PRIORITY MATRIX

No.	Feature	Category	Priori ty	Impa ct	Feasibili ty	User s
1	Relevance tagger	Understandi ng Misinformati on	High	High	Med	Sam
2	Relevance filtering based on user preferences	Understandi ng Misinformati on	Med	High	High	Sam
3	Content flags for completeness, missing context or bias	Understandi ng Misinformati on	Med	Med	Low	All
4	Al agent that uses color coded highlights of known misinformation	Emotions	High	High	High	All
5	Point earned for catching misinformation	Emotions	Med	High	Med	Carin a
6	Misinformation Minder, updated credibility notifications	Emotions	Med	High	Low	All
7	Source and credibility score meter	Tools and Strategies	High	High	Med	All
8	Content Comparison Checker	Tools and Strategies	Med	Med	Low	All
9	Content rater	Tools and Strategies	High	High	Med	All
10	Date sorter	Tools and Strategies	High	High	Low	Sam
11	Community notes	Mitigating Misinformati on	High	High	High	All
12	Transparency Dashboard	Mitigating Misinformati on	Low	Med	Med	All
13	Fact checking tutor onscreen assistant	Mitigating Misinformati on	High	High	Med	Carin a

# Discussion

We found common patterns from our observations and interviews on how people factcheck, make decisions, and identify accurate information. These insights show ways technologybased solutions can help improve digital literacy, make fact-checking easier, and build trust in online sources.

#### UNDERSTANDING MISINFORMATION

Users focus on what they care about and will look deeper into information when it seems like it will impact them. A technology-based solution should let users select topics relevant to them and allow them to filter sources based on their preferences. The solution should include personalized trust settings and allow users to designate specific types of sources they want to see (e.g., peer-reviewed journals, news agencies).

#### **EMOTIONS**

Dealing with misinformation is often overwhelming, requiring individuals to navigate conflicting sources while misinformation spreads effortlessly. Some feel a strong responsibility to verify harmful claims, while others are frustrated by the effort it demands.

One way to correct this could be to gamify the process of fact checking. Users could receive a rating themselves, based on sharing their work fact-checking and how useful others found it. An alternative would be to keep up-to-date credibility scores on information sources, so users would not have to evaluate sources themselves.

#### **TOOLS AND STRATEGIES**

Since users have different ways of checking information and varying levels of confidence, a design should provide multiple fact-checking options. A solution should simplify the process with a content comparison checker and give source and credibility scores. Since some users prefer quick answers, the design should let users choose a balance between speed and accuracy.

#### MITIGATING MISINFORMATION

The discrepancy in fact-checking approaches from our observations and interviews shows the differences in digital literacy and individual fact-checking habits, again highlighting the need for flexible verification methods. A solution should provide options such as AI-assisted verification and tutorials to help users who are unsure where to start their fact-checking process. A section for community notes on sources could also assist with trust.

#### LIMITATIONS AND FUTURE WORK

This study is limited by the sample size and the diversity of participants, which may not fully represent all user behaviors and fact-checking habits. Additionally, the observations and interviews were based on self-reported practices, which may not always reflect actual behavior in real-world scenarios.

Future studies should expand the participant pool to include a more diverse range of users and investigate how verification habits evolve over time. Further research could also examine the effectiveness of different fact-checking tools in helping users access online information more accurately.

# Conclusion

Our study highlights the challenges individuals face when navigating misinformation, their emotional burdens, varied fact-checking strategies, and the role of personal trust in determining credibility. The findings suggest a need for technology-driven solutions that simplify verification, personalize information filtering, and provide clear credibility indicators to make verification of information easier. Future research should explore how these solutions impact user engagement with fact-checking and whether they lead to more accurate information consumption over time.

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# Appendix

#### **OBSERVATION INFORMED CONSENT**

#### INFORMED CONSENT TO PARTICIPATE IN RESEARCH

#### What is the purpose of this research?

We invite you to participate in a research study aimed at enhancing our understanding of how individuals assess the credibility of online information.

This study is being conducted by graduate students at DePaul University as a requirement for obtaining their master's degrees.

This research is being supervised by:

Name	Email
Alonzo, Oliver, Ph.D. – CDM, DePaul University	oliver.alonzo@depaul.edu

The following people are on the on the research team conducting this study.

Name	Email
Rashi Dhoju	rdhoju@depaul.edu
Chad King	cking70@depaul.edu
Dhwani Parekh	dparekh2@depaul.edu
Paul Vasholz	pvasholz@depaul.edu

We hope to include about 8 people in the research study.

#### Why are you being asked to be in the research?

You are invited to participate in this study because you have indicated that you are a consumer of online digital media and informational content, or you are working as a professional in the digital information space. You must be age 18 or older to be in this study. This study is not approved for the enrollment of people under the age of 18.

#### What is involved in being in the research study?

If you agree to participate in this study, you will be required to complete specific scenario-based tasks and answer questions regarding your experiences. You will be asked to assess the credibility and accuracy of online information. We would like to learn more about people's ability to differentiate between accurate and misleading information from various sources. Additionally, we will request some demographic information, including your gender identity, education level, approximate age, and occupation.

The activities that you participate in will be audio recorded and transcribed into written notes later in order to get an accurate record of what was said.

#### Are there any risks involved in participating in this study?

There are no known risks associated with this study. We will make our best effort to avoid exposing you to any sensitive or inflammatory information. You may decline to answer any question that makes you uncomfortable at any time.

#### Are there any benefits to participating in this study?

You will not personally benefit from participating in this study. However, we hope that our findings will assist others in the future by improving the ability to verify the credibility of online information. Additionally, we aim to develop accessible tools that facilitate navigation and critical engagement with digital content, ultimately helping to eliminate the spread of misinformation.

#### Can you decide not to participate?

Your participation is entirely voluntary, meaning you have the option to decline. There will be no negative consequences, penalties, or loss of benefits if you choose not to participate or if you decide to withdraw from the research after you have begun.

You may withdraw from this research study at any time.

# Who will see my study information and how will the confidentiality of the information collected for the research be protected?

The research records will be kept and stored securely. Your information will be combined with information from other people taking part in the study. When we write about the study or publish a paper to share the research with other researchers, we will write about the combined information we have gathered. We will not include your name or any information that may be used to directly identify you.

To prevent others from accessing our records or identifying you should they gain access to our records, we have put some protections in place. These protections include using fake names for you and other people in the study and keeping the records in a safe and secure place.

Any audio or video recordings will be kept until accurate written notes have been made, then they will be destroyed.

#### Who should be contacted for more information about the research?

Before you decide whether to accept this invitation to take part in the study, please ask any questions that might come to mind now. Later, if you have questions, suggestions, concerns, or complaints about the study or you want to get additional information or provide input about this research, you can contact the research supervisor:

Name	Email
Alonzo, Oliver, Ph.D. – CDM, DePaul University	oliver.alonzo@depaul.edu

And/or the researchers.

Name	Email
Rashi Dhoju	rdhoju@depaul.edu
Chad King	cking70@depaul.edu
Dhwani Parekh	dparekh2@depaul.edu
Paul Vasholz	pvasholz@depaul.edu

You will be given a copy of this information to keep for your records.

# **Statement of Consent from the Subject:**

I have read the above information. I have had all my questions and concerns answered. By signing below, I indicate my consent to be in the research study.

Signature:			
Printed name:			
-		-	
Date:			

#### **OBSERVATION PROTOCOL**

#### **Step 1: Introduction**

#### Introduce yourself and the project:

My name is \_\_\_\_\_. Thank you for taking the time to meet with me. I'm working on a school research project, and my team is interested in the "Digital Literacy" domain. We are trying to understand how people verify the accuracy of information they get. Specifically, we're interested in observing how individuals approach validating information from online sources.

#### **Explain the purpose of the project:**

The purpose of this project is to understand how people check if online information is accurate. By observing how participants verify information, the research aims to identify common methods, challenges, and ways to improve digital literacy skills for evaluating online content.

#### Explain what will happen:

There's no right or wrong way to complete the activity, and no right or wrong answers to my questions. I'm simply here to observe what you do and listen to your thoughts. While you work on the activity, I'll take note of your actions and any comments you make. I may also ask you to explain what you're doing or ask questions before, during, or after the activity.

#### **Informed consent:**

We need your informed consent to participate.

Give participants the informed consent form OR if a remote study, read it aloud.

Get a signature if in-person or verbal consent if remote.

[After reading the consent form]

- Do you agree to participate in our research project?
- Any questions before we start?

#### Step 2: Warm-up

#### **Establish rapport with the participant:**

Before we start the observation, I'd like to ask you a few questions.

- Have you ever needed to verify a piece of information you came across online? If so, could you share an example?
- What tools or strategies do you typically use to check the validity of information?
- How confident are you in your ability to identify misinformation or confirm the credibility of a source?

#### **Step 3: Observation**

Let's move on to our activity.

#### Scenario:

Imagine you are conversing with a friend who believes in consuming dietary supplements daily. Recently, they came across this article (<u>link</u>). They are curious about the claims in the article and wonder if they should reconsider their dependence on supplements.

#### Your goal is to:

- 1. Help your friend verify and decide whether the information is accurate.
- 2. Please explain how you would verify its credibility and walk me through your thought process as you do so.
- 3. Use any tools or strategies you normally would, such as search engines, fact-checking websites, or social media.

Could you share your screen? (if online). Take your time, and feel free to think aloud as you go through the process.

[Observe the participant: Let the participant perform the activity. Record the participant's activity using a screen recording tool. Only interrupt if necessary. Take note of your questions and save them for the wrap-up. Note: Take a picture of any notes they record during the task.]

#### Step 4: Wrap-up

#### **Follow-up Questions:**

I have some follow-up questions I'd like to ask:

- What was your first impression of the article? Did anything stand out to you that you found suspicious?
- Which sources did you find most helpful? Why?
- Did you face any difficulty while fact-checking? If yes, what were they?

- What helped you to finalize your accuracy?
- Did the observation change how you acted?

#### **Demographic Questions:**

- How often do you fact-check in your daily life?
- How comfortable do you feel using online tools or websites to fact-check information?
- On a scale of 1 to 5, how much do you generally trust information you find online?
- Do you often share information you find online with friends, family, or on social media? If so, do you usually verify it first?

#### **Conclusion:**

That concludes the activity. Thank you for your time and for meeting with me.

Would it be okay to reach out to you for a follow up sometime in the next few weeks?

#### AFFINITY DIAGRAM OBSERVATION THEMES



#### **Perceptions of Trust**

# **High Trust**

The participant expresses confidence in the sources she selects to make decisions.

Participant thinks some information on the Internet is trustworthy, rates at 3

Mentioned mayo clinic and NIH to be trusted sources, because they are based on scientific information.

Trusts online information to be true, unless it sounds really crazy.

Trusts information online

The participant is comfortable using online tools to fact-check electronic media. She comments on her past experience with libraries and encyclopedias, noting that those resources become outdated by the time they are published, whereas electronic sources provide more up-to-date information.

Doesn't trust any information he gets online

The participant's confidence in the information she uses depends on its source. If the source is not credible, she determines whether further research is necessary.

She generally trusts online information and feels confident in using online searches for fact-checking, rating her trust at four on a scale from one (least trustworthy) to five (most trustworthy).

She generally trusts online information but rates it a three on a trust scale from one (least trustworthy) to five (most trustworthy).

# **Low Trust**

Only trusts the information if it has verified sources

Hard to trust online because of Clickbait.

Participant thinks most information on the Internet is untrustworthy, rates at 1

#### Strategies and Tools **General stratagies**

# **Strategies**

naturopathic doctors to verify information for supplement use and cross-references their quidance to ensure its validity.

They extensively uses Al to select sources but expresses frustration with the inconsistencies in the information it provides.

"So if you really actually want to find out what is true, you have to keep following this until you paper, and read that conclusion, and find out who wrote that paper, look at their track record. That's how you actually find the study itself...look at what the experts are saying about the study...was that study conducted properly?

Doesn't really factcheck.

She describe their factchecking habits as occasional, typically seeking further information on interesting topics using their phone.

For fact-checking, the participant relies on previously trusted sources and continues to trust their information on future topics.

She finds naturopathic doctors through social media and indicates that she trusts their guidance when verifying supplement information.

She stated that she prefers consulting naturopathic doctors found online rather than relying solely on online sources to verify supplement information.

Participant indicates and regularly check sources online to choose the correct supplements for herself.

#### **Actions and Approaches** While fact checking the article.

#### Actions

Reads the article carefully

search to find mayo clinic references relating to the article

Checks the NIH website to verify the

Googled the author after reading the article and checked her LinkedIn profile to see if she really worked in

Googles the article. finds many sites that show similar results, so believes it to be true.

JAMA website to see if findings are accurately reported in CNN article.

The participant picks up her phone, opens a searches for vitamin A deficiency. She and selects a link from the Merck Manual, recognizing it as a

trusted source used by

link to a friend through a text message.

doctors.

The participant visited the National Institutes of Health website for more information.

Uses google scholar to look for peer-reviewed articles/papers.

From the Google results, the participant selected articles from Johns Hopkins and the University of recognizing them as respected universities.

Uses 'web search' on ChatGPT and asks it to verify it. Asks for backup links and verified sources.

#### **Tools**

Google

The participant verified information by researching a YouTube video featuring a young man in Zimbabwe who claimed to generate electricity from radio waves to power a car. Upon further investigation using Google, she discovered the information was inaccurate.

Googles the links and clicks the first link that "looks legit" to him.

She indicated that she'll generally go to Google

Google, checks the source, researches Reddit, ChatGPT.

She uses Al chatbots to help choose supplements that do not conflict with her medications and to verify information.

# **Approaches**

could just be someone making things up."

article doesn't make very strong claims, so worth fact checking

The participant watches the video but does not read the article, concluding the information is true based solely on the

checking was easy for him because he has extensive practice

He discovers that Northwestern Hospital, where he often visits, has posted a similar

The participant states she would advise her friend on the supplements. For example, she would esearch vitamin A and share her findings

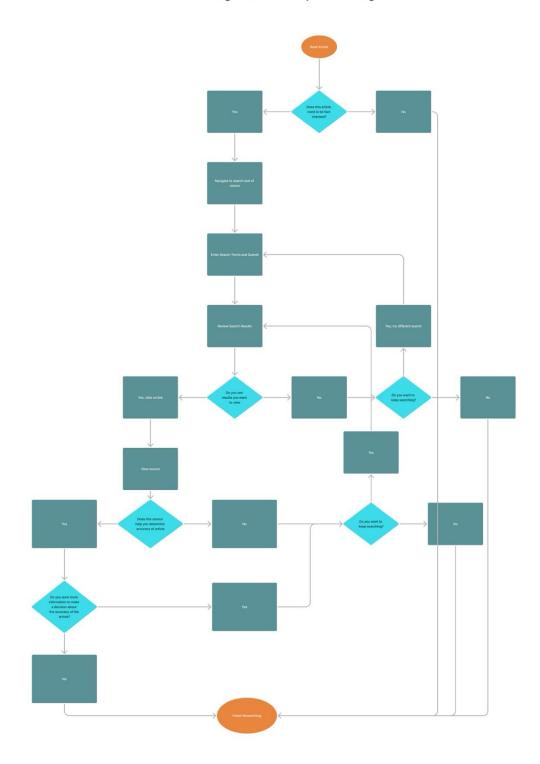
generally go to Google to check information.

more credible after seeing a similar article Institutes of Health.

While reading an article, the participant states she would use an internet search to verify the benefits of the Mediterranean diet before incorporating it into her life.

# SEQUENCE DIAGRAM

Fact-Checking Process Sequence Diagram



#### INTERVIEW INFORMED CONSENT

#### INFORMED CONSENT TO PARTICIPATE IN RESEARCH

#### What is the purpose of this research?

We invite you to participate in a research study aimed at enhancing our understanding of how individuals assess the credibility of online information.

This study is being conducted by graduate students at DePaul University as a requirement for obtaining their master's degrees.

This research is being supervised by:

Name	Email
Alonzo, Oliver, Ph.D. – CDM, DePaul University	oliver.alonzo@depaul.edu

The following people are on the on the research team conducting this study.

Name	Email
Rashi Dhoju	rdhoju@depaul.edu
Chad King	cking70@depaul.edu
Dhwani Parekh	dparekh2@depaul.edu
Paul Vasholz	pvasholz@depaul.edu

We hope to include about 8 people in the research study.

#### Why are you being asked to be in the research?

You are invited to participate in this study because you have indicated that you are a consumer of online digital media and informational content, or you are working as a professional in the digital information space. You must be age 18 or older to be in this study. This study is not approved for the enrollment of people under the age of 18.

#### What is involved in being in the research study?

If you agree to participate in this study, you will be asked a series of questions to assess your approach to verifying the credibility and accuracy of online information. We would like to learn more about people's ability to differentiate between accurate and misleading information from various sources. Additionally, we will request some demographic information, including your gender identity, education level, approximate age, and occupation.

The interview that you participate in will be audio recorded and transcribed into written notes later in order to get an accurate record of what was said.

#### Are there any risks involved in participating in this study?

There are no known risks associated with this study. We will make our best effort to avoid exposing you to any sensitive or inflammatory information. You may decline to answer any question that makes you uncomfortable at any time.

#### Are there any benefits to participating in this study?

You will not personally benefit from participating in this study. However, we hope that our findings will assist others in the future by improving the ability to verify the credibility of online information. Additionally, we aim to develop accessible tools that facilitate navigation and critical engagement with digital content, ultimately helping to eliminate the spread of misinformation.

#### Can you decide not to participate?

Your participation is entirely voluntary, meaning you have the option to decline. There will be no negative consequences, penalties, or loss of benefits if you choose not to participate or if you decide to withdraw from the research after you have begun.

You may withdraw from this research study at any time.

# Who will see my study information and how will the confidentiality of the information collected for the research be protected?

The research records will be kept and stored securely. Your information will be combined with information from other people taking part in the study. When we write about the study or publish a paper to share the research with other researchers, we will write about the combined information we have gathered. We will not include your name or any information that may be used to directly identify you.

To prevent others from accessing our records or identifying you should they gain access to our records, we have put some protections in place. These protections include using fake names for you and other people in the study and keeping the records in a safe and secure place.

Any audio or video recordings will be kept until accurate written notes have been made, then they will be destroyed.

#### Who should be contacted for more information about the research?

Before you decide whether to accept this invitation to take part in the study, please ask any questions that might come to mind now. Later, if you have questions, suggestions, concerns, or complaints about the study or you want to get additional information or provide input about this research, you can contact the research supervisor:

Name	Email
Alonzo, Oliver, Ph.D. – CDM, DePaul University	oliver.alonzo@depaul.edu

And/or the researchers.

Name	Email
Rashi Dhoju	rdhoju@depaul.edu
Chad King	cking70@depaul.edu
Dhwani Parekh	dparekh2@depaul.edu
Paul Vasholz	pvasholz@depaul.edu

# You will be given a copy of this information to keep for your records.

# **Statement of Consent from the Subject:**

Date: \_\_\_\_\_

I have read the above information. I have had all my questions and concerns answered. By s below, I indicate my consent to be in the research study.	igning
Signature:	
Printed name:	

#### INTERVIEW PROTOCOL

Step 1: Introduction

Introduce yourself and the project:

My name is \_\_\_\_\_. Thank you for taking the time to meet with me. I am a graduate student working on a university research project, and my team is interested in the domain of "Digital Literacy". We are trying to understand how people verify the accuracy of information they consume. Specifically, we're interested in learning how individuals approach validating information from online sources.

Explain the purpose of the project:

The purpose of this project is to understand how people check if online information is accurate. By interviewing participants to understand how they verify information, the research aims to identify common methods, challenges, and ways to improve digital literacy skills for evaluating online content.

Explain what will happen:

There are no right or wrong answers to my questions. I'm simply here to understand what you do and listen to your thoughts. I will record your answers and any comments you make for further analysis.

Overarching Research Question:

Screener Questions (asked before scheduling the interview):

Are you over 18 years of age?

Do you consume online content?

Are you willing to participate in an interview that could take up to 45 minutes?

Have you ever needed to verify a piece of information you came across online?

Are you willing to discuss the fact checking methods that you use to verify information on the internet?

#### Warm-Up Questions

When you come across new information online, how do you usually decide whether it's relevant to you?

How would you define misinformation?

Where do you typically encounter misinformation?

What kind of format is it, e.g. news articles, social media posts, comments, etc.?

How do you feel when you encounter misinformation?

What do you do when you encounter misinformation?

How do you typically check the validity of information?

What strategies/tools do you use to check the validity of the information?

What preventative measures do you take to avoid encountering misinformation?

#### **Deep Focus**

Walk me through a recent example where you had to determine whether a piece of information was credible.

What do you typically do when you see conflicting information on a topic you are interested in?

How do you decide to trust a source while fact-checking?
In what situations do you decide to put a lot of effort into fact-checking?
In what situations do you decide to not put a lot of effort into fact-checking?
What do you like about fact-checking?
What do you dislike about fact-checking?
Retrospective
What would make fact checking easier for you?
In a perfect world if there was a technology that could solve the problem of online misinformation, what kinds of features should that technology have?
In what ways do you think technology could play a role in helping people access online information effectively?
If you could change one thing about how online information is presented, what would it be?
Demographics
How old are you?
What is your gender identity?
What is your occupation?
What is your level of education?

#### INTERVIEW CODEBOOK

# 1. Understanding misinformation

Use this code when a participant describes their understanding of misinformation, its sources, and situations where they would or wouldn't fact-check.

#### 1.1 Relevance

Code under: Relevance

Code when the participant describes how they decide whether the new information is relevant to them.

Keywords: Something that affects me or my work, if I find it interesting.

#### 1.2 Definition of misinformation

Code under: Definition\_of\_misinformation

Code when the participant explains their understanding of misinformation.

Keywords: False things, information that is not entirely true, misrepresents what

is actually true.

#### 1.3 Sources of misinformation

Code under: Sources of misinformation

Code when the participant describes the different sources where they might encounter misinformation.

Keywords: Social media, whatsapp messages, news articles.

# 1.4 Situations requiring effort

Code under: Situations requiring effort

Code when the participant describes situations in which they might put in more effort towards verifying misinformation.

Keywords: Something that affects me or the people I care about, finances, while researching a topic I am interested in.

# 1.5 Situations requiring less effort

Code under: Situations requiring less effort

Code when the participant describes situations in which they wouldn't want to fact-check.

Keywords: If it's not important to me, celebrity drama, information that doesn't affect me, non-consequential information.

#### 2. Emotions

Use this code when the participant talks about their feelings, likes, dislikes and emotional responses towards misinformation and fact-checking.

#### 2.1 Emotional reaction to misinformation

Code under: Emotional\_reaction\_to\_misinformation

Code when the participant describes their feelings when it comes to dealing with misinformation.

Keywords: Amazing because it's a learning opportunity, frustrating, draining.

#### 2.2 Response to misinformation

Code under: Response to misinformation

Code when the participant describes their responses and approach towards misinformation.

Keywords: I try to fact-check, curious to find out how it is misinformation.

### 2.3 Like about fact-checking

Code under: Like\_about\_factchecking

Code when the participant describes the things they like when they verify information.

Keywords: Helps to avoid what is incorrect, helps me feel confident, makes me more knowledgeable.

# 2.4 Dislike about fact-checking

Code under: Dislike about factchecking

Code when the participant describes the things they dislike when they are fact-checking.

Keywords: Time-consuming, frustrating, annoying, it's a lot of work.

# 3. Tools and strategies

Code when the participant describes the tools and approaches they adopt to evaluate credibility online.

### 3.1 Fact-checking strategies

Code under: Factchecking strategies

Code when the participant describes their strategies and approaches while verifying the information online.

Keywords: Scientific studies, Google, credibility of the author.

#### 3.2 Dealing with conflicting information

Code under: Dealing\_with\_conflicting\_information

Code when the participant describes how they deal with information that opposes their ideas or the information that they have.

Keywords: Compare sources, I then look it up on Google or chat GPT and then go about it.

# 3.3 Evaluating credibility

Code under: Evaluating credibility

Code when the participant describes how they decide which source/s to trust the most while fact-checking misinformation.

Keywords: Track record, depends on how long I've known the source for, cite experts, look for relevant scientific evidence.

# 4. Mitigating misinformation

Code when the participant describes ways that they think would work to reduce the spread of misinformation online including preventative measures, technology solutions and information presentation improvement.

#### 4.1 Preventative measures

Code under: Preventative measures

Code when the participant describes the preventative measures that they take to avoid encountering misinformation.

Keywords: Don't go on social media at all, follow the correct sites.

### 4.2 Technology solutions

Code under: Technology solutions

Code when the participant describes technology solutions that can help to mitigate misinformation.

Keywords: Maybe AI could help, something that flags misleading info in real time.

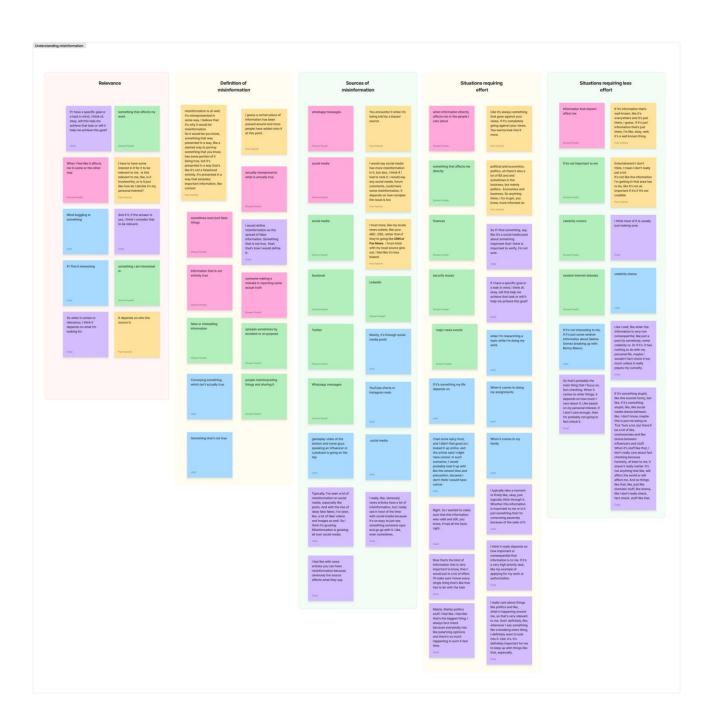
# 4.3 Information presentation improvement

Code under: Information\_presentation\_improvement

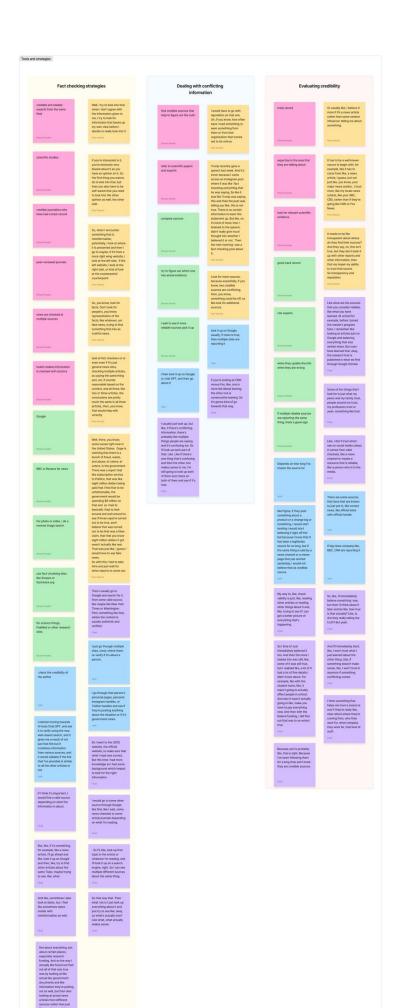
Code when the participant describes their idea of how online information should be presented to avoid misinformation.

Keywords: Fewer misleading headlines, less catchy thumbnails. I just don't want the heading to misguide me.

# AFFINITY DIAGRAM INTERVIEW THEMES







Preventative measures Technology solutions Information presentation improvement So if it's something that I know that's not typically in my algorithm, it tend to be a little more undecisive whether I believe it or not, so then that's when I decide to look more into it, chat GPT More, like, on the government's part, more regulations on who says what, like who has the power to give you information. Like on Tikifok there's always somebody trying to give me information, but like, why do you have that platform to give me that information? It would also be helpful to be able to trace the path of the information. So where did a certain information begin versus where it ended? So like something like that, where there's some sort of community note, something that like another source, another person, or maybe not a person because that could be too bissed, but like some sort of organization that like focuses on, or fact checking or something like that. I spent most of my reading time on my tablet, uh, so for like in a browser on my tablet, tablet, myshe an extension or something that would provide additional sources more readily. So, like if you had an Al agent that would you as search automatically and present me some sources. In a perfect world, then, you know, I could basically limit my exposure to this information in the first place, so if I was doing a search and the search was unbiased. So, I mean, its sole purpose was to determine the factuality of the information. Is this information factuality of and then prospect me with measures because unless you look it back up, you're not sure if it's misinformation or not. follow the correct sites It should be something which would not allow someone to post misinformation about a particular thing, or attaches community guidelines or community guidelines or community notes to people to the posts that have misinformation with them, rather than having it as a separate standalone feature it would either automatically stop them from posting if it is going to impact a lot of audience, or it could probably attach something like a community guideline, just the way Twitter adds it, So I really wish there was a way that you could say, okay, this is a verified source versus this is not a verified source. It's like I just want some sort of notice and I think it would help a lot of people just remember to also make sure to look at other things and not Honestly, I feel like I don't take preventative. I mean, I feel like my only preventative measure is just like, knowing that there's misinformation out there, being aware of that. I'm able to verify when I'm in doubt because I'm not aware of any specific features that allow me to filter out information that is false. Make search better, so like Google search, when I search how, uh, I Googled less control of the Search how, uh, I Googled less control of the Search how the It's kind of similar to like when you use AI and you want source, like you want fact checking for what they're giving you. Having a clear signage for sources that are valid would be really helpful? Especially like on social media where all different sorts of information come together and it's usually driven by people.